



Taverham
High School

An 11-18 Academy
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Headteacher Ms Carol Dallas

To: all parents/carers

11 February 2021

Dear Parent/Carer

We are keen to support our students the very best we can, both during this current lockdown period and when we all return to school. The pastoral team have spent a lot of time over the last few weeks contacting and supporting families. However, we are aware that there may be some students who have not been contacted and who would benefit from some additional wellbeing support. We know that this lockdown period will have affected each one of us differently and that some of our students may now be exhibiting behaviours or expressing concerns that they have not previously and require a little extra support.

We take the wellbeing of our school community very seriously and the Student Support team have produced a series of online workshops on a range of topics. These include online safety, coping with bereavement, dealing with anxiety and health/wellbeing support. In addition to these workshops they will also be delivering some more personalised smaller group programmes to students who are finding the current circumstances particularly challenging. If this is something you feel your child would benefit from please contact your child's Head of Year.

A key priority for us is to support our students on their return and, where appropriate, to provide additional support during the current lockdown period. To this end, I should be grateful if you would please complete the questionnaire by following the link below regarding the support your child may require:

[Well being questionnaire](#)

All questionnaires need to be completed by **3:00 pm on Friday 19 February 2021.**

Should you have any questions please do not hesitate to contact the school by emailing office@taverhamhigh.org

Yours faithfully

Ms R Ricketts
Deputy Headteacher

