Parents Meeting FAQs

1. Do they need to complete all sections at the same time? Ie. 3 hours a week.
   No, students can do their physical, skill and volunteering sections one at a time if they wish to.

2. Can students use good hiking shoes instead of boots?
   Yes, the key is that trainers and school shoes are not suitable for expedition activity and the terrain students will be walking on.

3. If they don't get in this year to do Bronze, will they get another chance next year?
   Any students who don't get selected for Bronze Award will get priority for the Silver Award next year.

4. For their Bronze Award, could they do 4 hours of volunteering over the month in one day rather than 1 hour each week?
   No, the important factor is showing commitment over time which is not demonstrated if you block your activities together. In exceptional circumstances, students have been able to do two hours on a fortnightly basis but this is reviewed on a case-by-case basis.

5. My child has already registered interest independently so I have no idea what they wrote as an expression of interest. Will this go against them, have they had coaching in school on how to do this?
   They have had advice on the importance of this and what to include during the launch assemblies but no specific coaching. If you have concerns following conversations with your student, email in an updated statement to dofe@taverhamhigh.org by 1 November and it will be added to the record.

6. Can they do the expedition before completing the other sections?
   Technically yes, but the programme is designed to have the Awards completed with sufficient time to dedicate to GCSE studies in Y10 and Y11 so it is advised that students try to complete it within a year of registration.

7. If they have done their Bronze, can they carry on the same skill/volunteering for Silver or do they need to do something different?
   Yes, although wel would advise progressing their goal for the section so it is becoming more challenging and doesn't get boring.

8. How far is the expedition, I see it's over two days, so is there a specific distance/amount of hours walking that they cover each day with a night camping in between?
   Bronze Award requires 6 hours of activity each day, which is usually routes between 15-18km. Silver Award requires 7 hours of activity each day, which is usually routes between 17-20km.

9. What are you looking for in the 200-word expression of interest?
   I would like students to persuade me why they should be chosen to complete the award. Why do they want to get involved? What do they want to achieve? What skills would they like to develop? What are they looking forward to most?

10. My child potentially has medical limitations that may impact them completing the expedition. What should we do?
    Expeditions can be adapted to ensure all students can get involved – this may be by adjusting the weight of bags carried and designing the route to be more manageable in terms of terrain. Please get in touch with dofe@taverhamhigh.org to share any concerns and we can explore these together on a case-by-case basis.